What Is Claimed Is:

1. A device for detecting a seating position of a passenger in a seat of a motor vehicle, comprising:

a sensory system for providing a signal indicative of the seating position of the passenger in the seat of the motor vehicle; and

an arrangement for outputting at least one instruction for adjusting the seat as a function of the signal from the sensory system.

2. The device according to claim 1, further comprising:

a switch whose activation induces the device to trigger a driving device in the seat as a function of the signal.

- 3. The device according to claim 2, wherein the driving device is situated in a region of a head rest, a seat backrest and a seat pad.
- 4. The device according to claim 1, wherein the sensory system is one of an optical and an acoustical system.
- 5. The device according to claim 1, wherein the arrangement outputs the at least one instruction to the passenger at predefined points in time.